

"The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you." Romans 8:11

1. Modern Neuroscience discovers a 2000 year old

"Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will." Romans 12:2

"Strip yourselves of your former nature (put off and discard your old unrenewed self) which characterized your previous manner of life and becomes corrupt through lusts and desires that spring from delusion; and be constantly renewed in the spirit of your mind (having a fresh mental and spiritual attitude...)" Ephesians 4:22-23

2. The \_\_\_\_\_ Sets Us Free

"Jesus told the people who had faith in him, 'If you keep on obeying what I have said, you truly are my disciples. You will know the truth, and the truth will set you free.'" John 8:31-32

God's heart toward you is \_\_\_\_\_

"God did not keep back his own Son, but he gave him for us. If God did this, won't he freely give us everything else?" Romans 8:32

God's Word is \_\_\_\_\_ and to be

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness..." 2 Timothy 3:16

3. We activate God's freedom and change our brains with

"If anyone chooses to do God's will, he will find out whether my teaching comes from God or whether I speak on my own." John 7:17

I must \_\_\_\_\_ my way into a new way of life and feeling

versus \_\_\_\_\_ my way into a new way of acting.

God's Way of Living:

Truth

Faith

Works

Feelings

4. Changing our choices changes our \_\_\_\_\_,

changes our \_\_\_\_\_

"Don't be misled: No one makes a fool of God. What a person plants, he will harvest. The person who plants selfishness, ignoring the needs of others—ignoring God!—harvests a crop of weeds. All he'll have to show for his life is weeds! But the one who plants in response to God, letting God's Spirit do the growth work in him, harvests a crop of real life, eternal life." Galatians 6:7-8

"Our lives are gradually becoming brighter and more beautiful as God enters our lives and we become like him." 2 Corinthians 3:18